



VISION & PHILOSOPHY

2020 - 2021 SEASON



VISION

- Applying the lessons learned from the multitude of hardships suffered this past season, we have formulated a new vision for the new year
- We will continue to provide our members a safe family environment where they can fulfill their potential as players and people
- New platforms have been created and embraced. They will rely on self-governance to shape the player pathways.
- Unity, empathy and experience will get our club and it's members to a stronger, better place

PHILOSOPHY

- The Oakwood Soccer Club philosophy provides our members the training to grow soccer skill sets, physical performance, and life experience.
- The journey is about learning, having fun and striking a healthy balance between playing soccer and living a full and balanced life.
- The Oakwood philosophy fosters a mind set through self-motivation, hard work, team spirit and earned achievements.
- A preliminary objective for all Academy players is to play at the collegiate level and become a successful student-athlete. For the special ones, it is to become a national team member, a professional player, and potentially a world class talent.
- The “Oakwood Years” are a special time for our players & families. International competition and travel are also key ingredients that broaden our players’ horizons.
- The team sport of soccer is a fantastic vehicle to experience new cultures and build life skills and develop a lifelong passion for the world’s game.
- We aim to improve this journey for each generation of youth players moving through our ranks.



TEACHING SOCCER & LIFE SKILLS THROUGH THE WORLD'S GAME



Match Versus Luxembourg National Team



Oakwood Girls Tour Germany 2008



Oakwood Girls Tour Spain 2015



TRIPS TO ARGENTINA, HOLLAND, GERMANY,
SWEDEN, DENMARK, FRANCE, ENGLAND AND SPAIN



CORE VALUES WITHIN A **STRONG CLUB CULTURE**

CORE VALUES

INTEGRITY: Doing the right thing when no one is looking

RESPECT: Everyone, including your family, fellow team members, your opponent, and referees

HONESTY: Put in the work needed, be accountable for collective actions

DISCIPLINE: Be focused and determined to stay on task

BELIEF: That the sum of the TEAM is much greater than the worth of the INDIVIDUAL

LOYALTY: The “Soul” of Oakwood is enjoying your journey and making lifelong friends.

INVESTING FOR THE GAME

OAKWOOD SOCCER PARK

BUILT 2009

2 FIELD TURF FIELDS WITH LIGHTS, WARM UP AREA IN
BETWEEN THE FIELDS SUITABLE FOR TRAINING.

CLUBHOUSE WITH 2 TEAM ROOMS ADDED 2011

SOLAR STRUCTURE WITH VIDEO PLATFORM ADDED 2016

COVERED STADIUM BLEACHER SEATING ADDED 2017

INDOOR FACILITIES FOR CROSS TRAINING AND WINTER



SOCCER
ATTACKING
DEFENDING
TRANSITION

**PERFORMANCE
ENVIRONMENT**
PHYSICAL & MENTAL



OAKWOOD PLAYER

LIFE SKILLS
CHARACTER BUILDING

OAKWOOD HOLISTIC PLAYER DEVELOPMENT MODEL



OAKWOOD SC GIRLS PLAYER DEVELOPMENT PATHWAY



OAKWOOD SC GIRL'S COACHING STAFF 2020-21

RICK DERELLA - TECHNICAL DIRECTOR, USSF ACADEMY DIRECTOR LICENSE
DAVE FARRELL - DIRECTOR OF COACHING, USSF A LICENSE

U9 – JOHN WALSH, USSF B LICENSE CANDIDATE

U10 – JOHN FRANCO, NSCAA NATIONAL DIPLOMA

U11 – WALTER VILLAGRA, USSF C LICENSE

U12 – WALTER VILLAGRA

U13 ACADEMY – CHRIS MOGAVERO, USSF B LICENSE, FORMER PROFESSIONAL

U13/14 NPL – ERIK BARBIERI, USSF C LICENSE + JOHN FRANCO

U14 ACADEMY – ERIK PLIMPTON, USSF B LICENSE

U15 NPL – MATT RAFALA, USSF D LICENSE

U15 ACADEMY – CHRIS MOGAVERO

U16 NPL – MATT RAFALA

U16 ACADEMY – TIFFANY WEIMER, USSF B LICENSE CANDIDATE, FORMER PROFESSIONAL +
MATT CAMERON, USSF A LICENSE CANDIDATE & GIRLS DIRECTOR

U17 ACADEMY – MATT CAMERON + TIFFANY WEIMER

U18/19 ACADEMY – MATT CAMERON + TIFFANY WEIMER

U17/19 NPL – TODD SADLER, USSF C LICENSE

VANESSA PHILLIPS BOSSHART - GOALKEEPING DIRECTOR, UCONN ASST COACH



G I R L S
ACADEMY

US SOCCER GIRL'S
ACADEMY STAFF OF
THE YEAR 2018-19



OAKWOOD SC GIRLS TEAMS 2020-21

- GIRLS ACADEMY TEAMS (10 MONTH SEASON)
 - U13, U14, U15, U16, U17 U19 TEAMS
 - PHYSICAL, TACTICAL PERIODIZATION & CURRICULUM
 - 4:1 TRAINING TO MATCH RATIO
-
- NPL TEAMS U15-U19 (8 MONTH SEASON)
 - NPL TEAMS: U12-U14 (10 MONTH SEASON)
 - EDP TEAMS: U9-U12 (10 MONTH SEASON)
 - PHYSICAL, TACTICAL PERIODIZATION & CURRICULUM
 - 3:1 TRAINING TO MATCH RATIO

OAKWOOD SC



"Oakwood SC is pleased to participate in the new national platform featuring self-governance that will uphold the highest standards and principles, all in alignment with our long-standing philosophy. We look forward to playing quality competition where the over-arching-objective is to prepare our players for pathways best suited for them."

*Rick Derella, President & Director -
Oakwood SC*



GIRLS ACADEMY

- NATIONAL PLATFORM
- 59 CLUBS & GROWING
- 7 CONFERENCES
- 6 AGE GROUPS
- 300+ TEAMS
- SELF GOVERNANCE
- STANDARDS
- BEST PRACTICES
- FULL PATHWAYS



GA NORTHEAST CONFERENCE



GIRLS
ACADEMY

OAKWOOD SC & THE GIRL'S ACADEMY

- COMPETING FOR PLAYOFF SPOTS VERSUS NWSL CLUBS & GIRL'S ACADEMIES
- REGIONAL & NATIONAL COMPETITIONS
- COLLEGE & PRO PATHWAYS & YNT SCOUTING
- 10 MONTH PLATFORM BASED ON BEST PRACTICES
- COACHING EDUCATION & STANDARDS
- PERIODIZATION FOR PERFORMANCE



THE GIRLS ACADEMY CONFERENCE ALIGNMENT 2020/2021



GA MEMBER CLUBS FOR 2020-21 & GROWING





US SOCCER YNT SCOUTING



NATIONAL CAMP CALL UP

Julia Motuziek

Oakwood U-15 DA :: US U-15 National ID Camp
Kansas City, October 6 – October 9, 2019

Ellie Jean heads to u23 US National Camp



The former Oakwood Academy player & u20 World Cup Team starter makes her third appearance with the under 23's. Ellie is also a member of Penn State that won the 2015 NCAA National Championship



2016 FIFA u20 World Cup



**SHEA BOYLE U15 YNT
CAMP 2020**

PRO PATHWAYS

5 NWSL &
INTERNATIONAL
PROFESSIONAL
PLAYERS





Penn



COLUMBIA



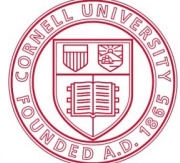
HARVARD



Dartmouth



Yale



Cornell



BROWN



PRINCETON



HARTFORD
HAWKS



UConn



St. Lawrence
College



EASTERN
CONNECTICUT
STATE UNIVERSITY



ITHACA
COLLEGE



UNION
COLLEGE



COLLEGE PATHWAYS

OAKWOOD SC GRADUATES

STUDENT ATHLETES

THAT COMPETE AT DIVERSE &
PRESTIGIOUS COLLEGES

& UNIVERSITIES

DIVISION 1, 2, & 3

FAQ'S

A CLUB VOICE

WILL MY CLUB DIRECTOR HAVE A VOICE IN THE MISSION & VISION OF THE LEAGUE?

Yes, each club director will work directly with the Conference Representative who then has direct access to the Board. The Board is comprised of individuals from our founding conferences who oversee specific functions of the league.

We feel each director has contributed significantly in the creation of this league to this point and feel we are better together in navigating these times to maximize the opportunities for our players.



FAQ'S

HIGH SCHOOL SOCCER

WILL MY DAUGHTER BE ABLE TO PLAY HS?

The Girls Academy is a high level and demanding 10-month platform. Each conference, and therefore each club, is empowered to allow for HS Soccer participation, in states where concurrent play is allowed.

In Connecticut, the CIAC does not allow for club play during the fall season. However, Oakwood SC does offer NPL teams (8 month season) where it is possible to play fall high school soccer.



FAQ'S

US YNT SCOUTING

WILL US SOCCER YNT CONTINUE TO SCOUT THE PLAYERS?

Yes. The US YNT coaching and Talent Identification staff are tasked with identifying the best talent possible and due to the high number of players around the country that will be playing in the Girls Academy, many of whom have already been called into YNT's, we are confident our league will provide a valuable player pool for scouting.



FAQ'S

SUBSTITUTION RULES

HAVE THE SUBSTITUTION RULES CHANGED FROM THE USSDA?

Yes, the number of moments coaches have to make changes has been expanded to allow for defined re-entry opportunities. All GA games will have a maximum of seven (7) substitutes per game with no re-entry per half across five "opportunities", no more than 3 opportunities per half.



FAQ'S

COLLEGE EXPOSURE

WILL THERE BE SHOWCASES?

Yes! We are diligently working through the calendar for 2021/22 and then backing into those plans a realistic competitive structure for 2020/2021 due to the COVID-19 pandemic and potential restrictions on travel & college coaches attendance. We fully commit to offering local games, cross conference opportunities and regional showcase options over the next 12 months.

We also fully intend to have a championship series implemented at the end of 2020/2021 Season.





GIRLS ACADEMY PROGRAM | 10 MONTHS

MID AUG THROUGH MID DEC – FULL OUTDOOR SCHEDULE:

- ✓ 3-4 trainings per week
- ✓ 3-4 friendlies
- ✓ 8-9 matches

Dec national/regional event (3 matches)

Jan through mid Feb

- ✓ 2-3 times per week indoor

Mid Feb through June – full outdoor schedule:

- ✓ 3-4 trainings per week
- ✓ 3-4 friendlies
- ✓ 9-10 matches
- ✓ 2 national events (usually April & June), 6 matches

UP TO 135 YEARLY TRAINING SESSIONS & 40+ MATCHES

- Oakwood Academy players do not participate in scholastic soccer.
- U14 and older players get age specific, yearly at-home strength & conditioning programs designed by Pelin Bal.
- U14 and older players will use Beyond Pulse belts to collect objective health data to evaluate fitness levels, track performance, and safely manage the player's loads.
- U14 and older players use Soccer Pulse to self-report soreness, energy, stress, and sleep.
- Periodized training cycles so the players can safely build fitness throughout the season.
- College Consulting with Oakwood College Coaches Tiffany Weimer and Todd Sadler
- All coaches trained and certified in SafeSport
- IMPACT testing
- All matches are recorded and uploaded to Hudl and YouTube.
- All matches have a certified athletic trainer.
- Players travel and stay together as a team during overnight events.

* Certain club travel expectations may be altered during COVID-19

GIRLS U15 AND OLDER NPL | 8 MONTH PROGRAM

NOV THROUGH MID DEC – FULL OUTDOOR SCHEDULE:

- ✓ 3 trainings per week
- ✓ 2-3 friendlies

Nov/Dec regional event (3 matches)

Jan through mid Feb

- ✓ 2-3 times per week indoor

Mid Feb through mid June – full outdoor schedule:

- ✓ 3-4 trainings per week
- ✓ 3-4 friendlies
- ✓ 7-8 matches
- ✓ 2 local/regional events (usually March & May), approx. 8 matches

- Oakwood high school aged NPL players can play scholastic soccer.
- Players get age specific, yearly at-home strength & conditioning programs designed by Pelin Bal.
- College Consulting with Oakwood College Coaches Tiffany Weimer and Todd Sadler

UP TO 75 TRAINING SESSIONS & 24 MATCHES

THE “OAKWOOD YEARS”

ARE A VERY SPECIAL TIME FOR OUR
FAMILIES, GROWING “LIFE SKILLS”,
LEARNING THE GAME,
AND CREATING A NEW WAVE OF
PASSION FOR OUR SPORT!

